



NCSP

NEWS

Upper Delaware River Chapter

February 2011

“Commodore’s Corner”

As I look out the window I see snow and ice everywhere, I hope all of you are well and are enjoying the winter. As much as I enjoy the change of seasons, I long for warmer weather and the start of the paddling season. I sure hope you had as much fun as I had paddling last season.

Mark your Calendars!! This year due to Easter, training week end will be April 29th – May 1st. Let’s hope the extra week will give us weather even better than last year. Bill and the training staff are pulling together another great training week end.

In this news letter you will also see an article about the Joint Delaware and Lackawaxen River Sojourn, Sat June 18 through Sat June 25, 2011. Dick will be looking for volunteers for land based support to help DJ and Troy and extra safety for the Laxawaxen which is on a week day, Monday June 20th.

Stay tuned! There will be more NCSP volunteer opportunities ahead.

Last season started slowly with the number of people coming out to volunteer being down, but after Mark sent out the request our numbers shot up and we finished the season on a high note. What is most important is that we have sufficient coverage on the river to help keep the park guests safe. I can’t thank enough all the people who came out to patrol, train and otherwise support the NCSP.

This is also the time to start preparing for the upcoming season; practicing my knots, checking out my gear to see what I have to order or clean. The key part of my preparation is signing up for my annual American Red Cross training. Fortunately, I have never had to give CRP or administer any serious first aid but being prepared if the need arises is reassuring. The skills we learn for river safety follow us paddling with others and off the river in our non paddling lives.

See all of you at training weekend if not sooner. We will again have a terrific weekend.

Ray Mei
Commodore

Skill Drills 2010



Skill Drills Combat Swimming
Photo Courtesy Ingrid Peterec, NPS

Delaware River Sojourn 2011 "River of Life"

Volunteers Needed!

The Sojourn is an 8-day paddling trip on the wild and scenic Delaware River. Its purpose is to heighten awareness of, and appreciation for, the ecological, historical, recreational, and economic significance of the Delaware River, which flows through New York, New Jersey, Pennsylvania, and Delaware. The Sojourn combines kayaking, camping, educational programs, historical interpretation, and more. Participants can sign up for the entire event or for the section or day(s) of their choice.

This year, we polled visitors to the Sojourn web site as to what they thought the Sojourn theme should be. The votes have been cast, and "River of Life" was chosen as the 2011 Sojourn theme and will be the main focus of programming.

Get outdoors and join us for the ultimate “staycation” as we celebrate 17 years of fun, family, and friends! Visit www.delawareriversojourn.org to sign up for email updates and for more details as they become available.

___ Call 570-685-1320 or email canoerr@aol.com .

Spring Training

Thank you for your interest in the NCSP. Our 30 plus years of service in river rescue and water recreation safety has been a long and fruitful paddling journey. On the national and international fronts, we have partnered with many organization such the US Swift Water Kayak & Canoe National Teams, National Park Service Upper Delaware and Delaware Water Gap, 17 years of the Delaware River Sojourn, Lehigh Sojourn, and recently the Penn's Landing Waterfront Recreation Program offering free kayaking to the urban paddlers of Philadelphia and Camden metro areas.

We are happy to announce our 2011 Training Weekend on Friday April 29 –Sunday May 1 at the Luke's Landing Campground and Access. Check-in on Friday night is requested in order for class rosters to be created during our staff meeting or Pre-registration. A pre-registration form will be available on our website in the coming weeks as well as online registration payment for dues and our Saturday dinner meeting. We will provide standard GPS and Map Quest directions as well as a list of what to bring with the do's & don'ts of the campsite and weekend. Times for training will be announced shortly.

Welcome. We look forward to seeing you at our 32 Annual NCSP Spring Training.

Yours,
DeJay
Vice Commodore

Skill Drills 2010



Skill Drills Tethered Swimmer
Photo Courtesy Ingrid Peterec, NPS

Articles and Photos

We are always looking for articles and Photos; please submit to

NCSPSecretary@NationalCanoeSafetyPatrol.com

Articles may or may not be published at the discretion of the executive board.

CPR OPEN!

Announcing a Professional Level CPR Course
Sunday, February 27th 2011
12:00-17:30
Bergenfield Volunteer Ambulance Corps
1 Froelich St., Bergenfield, NJ

Pre Registration is required.

This is an American Heart Association course: Basic Life Support for Healthcare Providers course.

- Adult and pediatric CPR (including 2-rescuer scenarios and use of the bag mask)
- Foreign-body airway obstruction
- Use of automated external defibrillation with CPR
- This course is designed to teach the skills of CPR for victims of all ages, use of an automated external defibrillator and relief of choking.
- A student CD, included with the text, contains supplemental information for interested students on topics such as stroke, cardiac arrest, and special resuscitation situations.
- The course is video-based with instructor-led discussion and simulation. Students participate in, practice and complete various skills and learning stations.
- Ideal for learners who prefer group interaction and feedback from an instructor while learning skills. The course will be conducted according to AHA guidelines.

The course fee of \$30.00 includes the cost of text books, consumables and training center administrative fees. No portion goes to the American Heart Association.

Upon successful completion of a written test with a grade of 84% or better and demonstration of the skills, the participant will receive a CPR card recognized by the AHA as being valid for two years.

Please register for the course by February 10th so that books may be ordered so that you can have them before the class begins.

When you come to class please bring your check and a stamped, self addressed envelope.

Contact kanoer@gmail.com to register or with questions.

Jim McLoone

PADDLER's EVENTS in 2011

March 25-27 Paddlesport - Jersey Paddler

April 30 – May 1 NCSP - SWR Training

June 4 - 10 Schuylkill River Sojourn

June 18 - 25 Joint Delaware & Lackawaxen River Sojourn

TBA Lehigh River Sojourn

Skill Drills 2010



Skill Drills In-Water Mobility
Photo Courtesy Ingrid Peterec, NPS

2011 Skill Drills

To keep our Swift Water Rescue (SWR) skills fresh and “at the ready”, we have conducted “skill drill” sessions to review and reinforce key SWR concepts. These reviews have consisted of one to two hour sessions conducted on patrol weekends. We have opened this additional training opportunity to NPS staff as well as our own NCSP members.

In 2011, will be utilizing the Skill Drills to identify and develop potential NCSP instructors. Seasoned instructors will be teaming up with instructors and guiding them through the key aspects of ACA-based SWR instruction.

If you would like to step up your involvement in NCSP and have the skills and desire to join the instructor staff, let us know. The 2011 Skills Drill schedule is currently being developed; we are looking for both mentor instructors and instructor trainees.

Contact Bill Walters or Ray Mei to take advantage of this opportunity.

NCSP Safety on 2010 Delaware River Sojourn



© Tim Burris DRS DAY 1-3 2010

NCSP Contact Information

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Joint Delaware and Lackawaxen River Sojourn

Saturday June 18 to Saturday June 25, 2011

After a public vote between 6 rivers, the Delaware was chosen as the River of the Year for 2011. POWR also asked that the Lackawaxen (ROY for 2010) be the site of a one day sojourn in 2011. The Delaware River Sojourn Steering Committee, co-chaired by Kate O'Hara and Richard Egan will be responsible for 7 of the 8 days of the joint Sojourn. Day 3 will be managed by TLRC (The Lackawaxen River Conservancy). We are indebted to Kate and Rich for the invitation to work jointly.

Thanks to the efforts of DeJay & Troy (in designing a robust registration and record keeping system) a joint sojourn could be put in place for the end of June this year.

-DRAFT- Itinerary for 2011 Delaware & Lackawaxen Sojourn

Day/Date	River Section	Camp Location
#1 6/18	Camp to Callicoon	NEWE, Kellams Bridge
#2 6/19	Buckingham to camp	NEWE, Kellams Bridge
#3 6/20	Lackawaxen River	Drive to Worthington SP
#4 6/21	Bushkill to camp	Worthington SP, NJ
#5 6/22	Camp to Driftstone	Washington Crossing SP, NJ
#6 6/23	Lambertville to Yardley	Washington Crossing SP, NJ
#7 6/24	Yardley to Bordentown	Washington Crossing SP, NJ
#8 6/25	Bordentown to Bristol	

NCSP volunteers are needed to facilitate this joint 8 day event.

While we have a full crew for the daily safety team, we need:

- A) Logistical support- Making the activities happen on time and resolving any mishaps and disruptions (land/road based).
- B) Extra Safety on the Lack (as was done last year). We will shuttle the extra safety from Zane Grey to the put in and provide lunch at Wickness Farm by the Rowland Bridge. Expecting a 1200 cfs release.

To volunteer contact Dick Rhodes : 570-685-1320 or canoerr@aol.com

- The above plans are subject to change as we work the details -

New Membership Information and Initial Application

The NCSP was founded in 1978 for the purpose of encouraging and promoting boating safety, including:

- Providing a shore-based and boat-based safety presence in cooperation with river management agencies, race organizers and other safety and rescue organizations.
- Providing rescue and recovery assistance upon request of, and in cooperation with, river management agencies and other safety and rescue organizations.

Most rescue patrols run on the Delaware River between Skinners Falls at Milanville, PA and Port Jervis, NY. Each member is obligated to provide a minimum of 4 full days of service on the river each season.

Interested in joining or have further questions? Please contact one of the officers listed earlier in this newsletter and plan on attending the first available training, usually the last *full* weekend in April. Please mail dues of \$30 per individual or \$60 per family with the registration information form below to:

NCSP Treasurer
PO Box 91,
Lackawaxen, PA 18435

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____ Email _____

Note: You will be required to sign a waiver prior to any patrols, and you must have the use of a canoe or kayak.